



# Heaton Hotline

Heaton Public School

Only the Best

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ISSUE 2 TERM 2 WEEK 4

## Principal's Report

### NAPLAN

Well done to all of our Year's 3 and 5 Students for sitting the NAPLAN Tests last week. I am sure that every student did their very best.

### CC Waratah Sports Gala Day.

Our year 5 students will be attending CCWTC tomorrow for a Sports Gala Day. This excursion has been planned to help students with their transition to High School. It is necessary for all students to wear school sport uniform and sports shoes, as well as bringing a hat, water bottle and sunscreen. Buses will be provided to transport students to CCWTC and back to school before the end of day. Lunch is provided for all students.

### Sport News

Our boys and girls State Knockout Soccer teams are today enjoying a competition at Heaton Park. I'm sure they are having a great time and enjoying this beautiful weather. Our boys Softball team is off to Stevenson Park on Wednesday to compete in a Gala Day. The boys will be playing in three games, we wish them luck. Our Athletics Carnival is being held next Wednesday 30<sup>th</sup> May, at Federal Park Wallsend. Children will be travelling by bus to and from the park. The cost will be covered by the school, please remember to pack plenty of sunscreen, water, food and a small amount of money for the canteen. The P&C will also be organising a BBQ. Parents and family members are welcome to come along on the day and support our school. Children need to be at school by 9am as we will be departing at 9.15am.

Please have permission notes returned to school by Friday 25<sup>th</sup> May.

Looking forward to a great sporting day!

Have a great fortnight

*Mr Meek*

## IMPORTANT DATES / EVENTS

### THUYR

#### TERM 2

Week 4	Mon 21 May	State Knockout Soccer Competition
		Boys and Girls teams Heaton Park
	Tue 22 May	Year 5 CCWTC Spots Gala Day
	Wed 23 May	Boys Softball Gala Day
		Stevenson Park
Week 5	Mon 28 May	Claymation
	Wed 30 May	Athletics Carnival Federal Park
Week 6	Tue 5 June	Girls Softball Gala Day
		Stevenson Park
	Wed 6 June	Superhero Day
Week 7	Mon 11 June	June Long Weekend

### Circle of Security

At times all parents feel lost or without a clue about what our child might need from us. The Circle of Security Parenting Program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Using the COS-P model developed by the Circle of Security originators, our trained Facilitators work with parents and care-givers to help them to:

- Understand their child's emotional world by learning to read emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self esteem
- Honour the innate wisdom and desire for their child to be secure.







I invite you to an 8 week programme I will be running at Jesmond Neighbourhood Centre on Thursdays from 24 May 2018. This course helps parents appreciate the vital role they have in helping their children develop into secure adults.

What: Circle of Security  
 Where: Jesmond Neighbourhood Centre, 44 Mordue Parade Jesmond  
 When: Thursdays May 24, 31 June 7, 14, 21, 28 July 5, 12 2018 time 1.00-2.30pm  
 Cost: No cost to parents – However it is necessary to commit to the 8 week program from the start date.  
 Reply: Sue Walkom (Child, Youth and Family Counsellor) Jesmond Neighbourhood Centre  
 Phone: 4979 8555 and [susanw@connectabilityaus.org.au](mailto:susanw@connectabilityaus.org.au)



## Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

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|  laptops & tablets  |  lessons & activities |
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To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



**Contact**  
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 Coordinator

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[www.saverplus.org.au](http://www.saverplus.org.au)



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.

## Great news from Waratah Campus

Well done to our new Year 7 students from Heaton Public School who received a Great Start Award. This award recognized students who have demonstrated an excellent start to their studies at Waratah Technology Campus. Congratulations to the following students!!!!

Mohammed	Alali	Katie	Herbert Symes
Ky	Beckingham	Christabella	Hirwa
Summer	Begley	Caiden	Horton
Mackenzie	Collins	Madonna	Howie
Isabella	Dalziel	Brandi-Lee	Johnson
Nicholas	Finch	Faiza	Mohammed
Tyson	Gallagher	Bailey	Newton

## Good for Kids good for life

### USING PHYSICAL ACTIVITY AS A REWARD

We all like to treat our kids with rewards when they have completed a task at home or have performed well in school.

Here are some ideas on how to incorporate physical activity into your rewards:

- Visit a park that your child loves to go to.
- Instead of buying a food reward why not get some new sports equipment for home, such as a skipping rope or basketball?
- Plan a special trip to an indoor park.
- Go on a family bike ride and pack a special morning tea.
- Invite their friends over for a play in the backyard.



PHONE 49246299



Heaton Public School

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Education & Communities

Public Schools NSW

My child.....in Class..... was absent from school on:

Dates:.....

The reason for absence was:

.....  
.....

signed .....

Date...../.....2018